Mona Doctor-Pingel hails from a family with strong independent women as well as a medical background. She enrolled at CEPT University in 1984 and soon after, in 1987, found her real passion for building in an architecture studio in Auroville. Her practical training that was recommended by Laurie Baker, under the guidance of the German architect, Poppo Pingel, based in Auroville changed her perspective and offered a horizon to her career path.

In 1992, she won a two-year DAAD (German Academic Exchange Service) scholarship to study “Appropriate Rural Technology and Extension Skills” at Flensburg University in Germany. Upon her return to India in 1995, she established her own architectural practice rooted in the essence and philosophy of Auroville. Her small studio setup aspires to bring simplicity and beauty without being austere; rich in details without being ostentatious; and sensorial without being overpowering. Their works offer a holistic approach to the science of building by using biologically enhancing and environmentally friendly building technologies which are rooted in the local context of climate and culture.